






Menu 01.12.2025 - 05.12.2025 - ISR

Mo In Service Day	Tue	Wed	Thu	Fr
Menu 1 	Vegetarian Maultaschen casserole topped with tomato sauce and cheese a, a1, c, g, i Salad French dressing 3, j, l	Baked pollock fillet a, a1, d Boiled potatoes l Creamed spinach a, a4, f, g	Pea stew i Organic baguette a, a1	Plain chicken breast fillet Organic rice Mushroom sauce a, a4, f, g Cucumber salad with vinegar and oil dressing 3, j, l
Menu 2	Organic lentil curry 3, g, i Organic rice 	Organic spirelli pasta a, a1 Organic pumpkin cream sauce 3, g Organic grated cheese g 	Organic mashed potatoes 3, g Organic creamed carrots g Beef rissole a, a1, c	Mexican pasta bake, vegetarian, organic a, a1, g, i, j 
Menu 3 	Sausage goulash (poultry) in tomato sauce a, i, l Organic penne a, a1 Salad French dressing 3, j, l	Organic spirelli a, a1 Organic tomato sauce Organic grated cheese g Chinese cabbage and corn salad 3, c, g, j, l	Pea stew i Turkey sausage Organic baguette a, a1	Plain chicken breast fillet Organic boiled potatoes Mushroom sauce a, a4, f, g Cucumber salad with vinegar and oil dressing 3, j, l
Dessert	Banana quark with chocolate chips 3, f, g	Seasonal fruit	Russian pull-apart cake a, a1, c, g	Seasonal fruit

In addition, we offer a daily changing salad bar with various dressings in the cafeteria.

cooked with ♥



Check out the organic ingredients here!

Our dishes contain the following declarable additives:






- | | |
|------------------------|---------------------------------------|
| 1 with colorant | 6 blackened |
| 2 with preservative | 7 waxed |
| 3 with antioxidant | 8 with phosphate |
| 4 with flavor enhancer | 9 with sweetener |
| 5 sulphurized | 10 contains a source of phenylalanine |

According to the recipe, our dishes contain the following declarable allergens:

- | | | |
|-----------------------------|--|---------------------------|
| a Cereals containing gluten | e contains peanut | h6 contains Brazil nut |
| a1 contains wheat | f contains soy | h7 contains pistachio |
| a2 contains rye | g contains milk and milk products (contains lactose) | h8 contains macadamia nut |
| a3 contains barley | h Nuts/nuts | i contains celery |
| a4 contains oats | h1 contains almond | j contains mustard |
| a5 contains spelt | h2 contains hazelnut | k contains sesame |
| a6 contains kamut | h3 contains walnut | l contains sulfur dioxide |
| b contains crustaceans | h4 contains cashew nut | m contains lupine |
| c contains eggs | h5 contains pecan nut | n contains molluscs |
| d contains fish | | |

Special note on traces: Cross-contamination of individual ingredients and technologically unavoidable impurities in individual products cannot be ruled out

Menu 08.12.2025 - 12.12.2025 - ISR

	Mo	Tue	Wed	Thu	Fr
Menu 1 	Whole grain pasta bake with vegetables (broccoli, bell peppers) with cheese sauce a, a1, a4, f, g	Chili con carne (beef) 3 Sour cream g Organic baguette a, a1	Organic farfalle a, a1 Salmon and tomato cream sauce a, a4, d, f, i Cucumber salad with sour cream and dill 2, 3, 5, c, g, i, j, l	Veggie escalope (soy protein) Organic rice Pumpkin and banana curry sauce a, a4, f, ga, a4, f, g	Potato and carrot lasagna g Pickled cucumbers
Menu 2	Organic cream of carrot soup 3, g Organic baguette a, a1 	Chili sin carne 3 Sour cream g Organic baguette a, a1	Organic vegetable goulash (carrots, broccoli, cauliflower, tomato) g Organic rice 	Organic spirelli pasta a, a1 Organic broccoli and cheese sauce g Organic grated cheese g 	
Menu 3 	Cevapcici (beef) a, a1, c, j Tzatziki g Organic rice Coleslaw 2, 3	Spaetzle a, a1, c Mushroom cream sauce a, a4, f, g Salad Raspberry dressing l	Curry sausage (poultry) 1, 3, 8, i Potato wedges 3, 5, l Cucumber salad with sour cream and dill 2, 3, 5, c, g, i, j, l	Pizza Margherita or salami a, a1, g, 1, 2, 3	Baked pollock fillet a, a1, d Remoulade sauce 9, c, g, j Boiled potatoes l Snack cucumbers
Dessert	Chocolate Santa Claus g	Seasonal fruit	Lemon cake 8, a, a1, c c	Seasonal fruit	Seasonal fruit

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We wish
all families a Merry
Christmas!

Menu 15.12.2025 - 19.12.2025 - ISR

	Mo	Tue	Wed	Thu	Fr
Menu 1 	Veggie stir-fry (pea protein) Zurich style (mushrooms) Organic g Whole grain spirelli Organic a, a1 Beetroot salad 2	Organic penne a, a1 Bolognese sauce with ground beef 3, i Grated cheese g Salad Yogurt dressing 3, c, g, j, l	Baked pollock fillet a, a1, d Organic rice Creamed peas a, a4, f, g	Egg omelet 3, c, g Boiled potatoes l Creamed spinach a, a4, f, g	Potato pancakes Apple sauce 3
Menu 2	Poultry meatballs a, a1, c, g, j Cream sauce a, a1, a3, a4, f Mashed potatoes g	Organic penne a, a1 Organic spinach sauce g Organic grated cheese g 	Pollock fillet, plain d Organic rice Creamed peas a, a4, f, g	Egg omelet 3, c, g Boiled potatoes l Baked beans	Potato pancakes Herb quark g
Menu 3 	Poultry meatballs a, a1, c, g, j Cream sauce a, a1, a3, a4, f Organic rice Beetroot salad 2	Organic potato soup g Organic baguette a, a1	Organic vegetable ravioli (tomato, carrot, parsnip) a, a1, f, j Organic tomato sauce Organic grated cheese g Organic snack cucumbers	Hungarian goulash (beef) 8, a, a1, a3, i Organic rice Salad Honey vinaigrette 3, j,	Fried sausage (poultry) 3, g, i Roast sauce a, a1, a3 Red cabbage Mashed potatoes g,
Dessert	Seasonal fruit	Vanilla yogurt g	Seasonal fruit	Marble cake 8, a, a1, c	Seasonal fruit

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